



Penshurst Primary School

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Final Information sheet for Barcelona 20 - 23 September 2024

Please read all information carefully and ensure you contact Mrs Groak for any clarification beforehand. We are really looking forward to taking you!

What to pack (and what not!)

Travel restrictions MUST be adhered to. 1 rucksack per student as hand luggage which must fit under the seat. There is no weight restriction on this. All liquids must be 100ml or less.

Small Bag

Carry onboard

Must fit under seat in front of you Can be a handbag, laptop bag or backpack

40 x 20 x 25cm

1 hold bag weighing no more than 10kg to be checked in. This should be a small case that the student can carry and meet weight requirements (including the suitcase itself).

If any bags do not meet requirements at the airport, the student will be responsible for either paying for the extra weight on both journeys, or throwing away some items before travel.

Liquids over 100ml can be in suitcase. We advise you to buy a luggage weighing scale to check, available from Amazon Amazon.co.uk : hand scales

We will be staying in the same clothes most of Friday so come comfy for the journey – it is a long day! Students should bring a hoody as it will be cold when we leave.

Sensible footwear please for the entire trip. Trainers only and sliders/slippers for the accommodation. We will be walking a lot!

Suncream and hat needed. Forecast is 24 degrees each day.

Pyjamas (appropriate for room sharing!).

Towels and all toiletries (including sanitary products) are needed and a plastic bag to put wet towel in to travel home - consider this for suitcase weight. Towels are not provided by the accommodation. Students should consider sharing toiletries to reduce weight.

Adaptor for chargers/electrical items – please ensure phones are set to work abroad so you don't get any nasty charges and fully charged as there won't be a charging option en route. You may want 1 per group of friends or their own.

Please do not bring any unnecessary (expensive) items or anything with personal value as we would hate to lose anything and you will need to be responsible for this. There will not be much time to spend on devices except on the travel.

Please don't overpack – one small case/bag per student plus a rucksack for the plane – you will need at most 3 outfits for Sat/Sun/Mon as we will be in the same outfit all day. One visit requires shoulders and thighs to be covered so everyone must bring suitable clothes to wear (Saturday).

Travel restrictions – please make sure you adhere to safety/travel restrictions (i.e. no sharp objects, no liquids over 100ml in hand luggage). All liquids (including inhalers, make up) are to be in a clear plastic sealable bag if they are in hand luggage.

Documents

Passport and EHIC cards will be in Mrs Groak's possession when at the accommodation. You will need to have signed your passport (please do this as a matter of urgency). These will need to be handed to a member of staff when you arrive at the coach for checking.

Students are responsible for all monies they bring. Currency is euros. Please consider bank charges if students are to use a bank card. Revolut is a really good, cost-free card that works abroad – you simply top it up and it deducts in the currency you are in. It is always cheaper to be charged in euros. We cannot guarantee we will have access to a cash machine.

Money may be needed at the airport in the UK. Money will be needed for lunch in Spain when we arrive and for any personal spending (souvenirs, ice creams etc).

Food

Students will need some food for the outward journey. This is a long journey and day to cover breakfast and lunch. They will possibly need food for the coach (breakfast) or at the airport. They can bring lunch/ buy something at the airport or wait until we arrive in Spain. Please ensure no cans on the plane and all liquids are bought airside. For the coach, any drinks will need to be in disposable bottles or refillable ones that can be emptied when we arrive at the airport.

Breakfast will be provided at the accommodation each day, and we will be given a packed lunch to take out on Saturday, Sunday and Monday, which the students will need to carry themselves. A rucksack is necessary. You may want to consider a small padlock for the rucksack as well. Students may also consider bringing a small over the shoulder bag for smaller visits to put in money or phones, or a money belt.

We will be eating out for our evening meals in restaurants each night.

Students could bring a refillable water bottle (which will need to be empty before customs). They may want to bring some supplies for their rooms also (but please see all above notes and make sure it in within weight allowance). They won't be provided with water during the day so will need a bottle to refill.

Please do not bring ANY nut/items containing nuts. Some students on the trip do have nut allergies.

Medicines

Please advise us in advance of all prescribed medications and needs. The students will be responsible for bringing these and looking after them during the trip. As staff, it is important however that we know who has what and will ask you to check that in with us ready. We can then ensure the right students take the medicines. Please name all medicines.

If you want your child to bring pain relief, such as paracetamol, this will also need bringing, named. Can you please also advise us if you are prone to travel sickness for the coach/plane.

Anything that we find or see during the trip that we haven't been notified about will be confiscated and you will be contacted. Similarly, if anyone is taken ill and requires medicines we will contact you accordingly.

<u>Itinerary</u>

Please meet at 12.30am at school on Friday 20 September. **To clarify this is overnight Thursday/Friday. Students come to school as usual on Thursday please.**

Please separate already the bag for the coach (we recommend a rucksack) and the bag for the hold area (a small holdall, suitcase or rucksack to meet flight size requirements). Please name both items. Please allow the coach to park in the bus stop.

We will set off by 1am. Sadly if you are late, we will be unable to guarantee we can wait for you! If you are running late, please pass a message to a friend, use the school emergency number (given at the end of this letter) or email claire.groak@hessleacademy.com

When you arrive at school, please get your name ticked off before getting on the coach and hand in your signed passport and EHIC/GHIC card.

We kindly ask parents to leave once dropped off and not wait for us to depart as we need to be the last to leave site. You may wait on Heads lane if you wish! If you arrive before the staff have opened the gate, please don't block the entry.

Please don't drink loads before you travel – the toilets are for everyone to use and they're never the nicest on coaches!

We then head to Leeds Bradford Airport for approx 3am to check in and our flight is at 6am. We are flying with Ryan Air Flight No FR3577 to Reus Airport.

Our return flight is due to land at 8.45pm on Monday 23rd September into Manchester and we are estimated to arrive back to Hessle between 11.30pm and midnight. Flight No FR7543.

We will ask students to keep you updated on our way back and for anyone without a phone, we will call you. It is to be agreed that students can have a late start time to school (should you wish) on Tuesday 25th September and they can arrive for **the start of period 2**, **which starts at 10am**. After this time, they will be marked late. It is expected, however, that students are in school for that time and do not take the day off.

Activities whilst we are there include visiting the Sagrada Familia, a trip to Parc Guell, eating tapas, La Boquería market and Las Ramblas – lots of photo opportunities!

Please remember the time difference – Spain is one hour ahead, and please do not call them late at night (we are hopeful they will be tired and asleep!)

Accommodation

We are staying at a youth hostel in the north of Barcelona city – there may be public also staying but our rooms will all be placed together. It is called Youth Hostel Pere Tarres and the travel company, NST, use the hostel regularly. The Ritz it is not but it is clean and well reputed! https://www.peretarres.org/en/barcelona-hostel/photo-gallery

Students have had opportunity to give their say in room allocations, and this has now been allocated. Teacher rooms are within the same space as student rooms and staff will stay up to ensure all are in bed and will be on call during the night. We will re-room students during the trip if it is necessary.

Behaviour

It is imperative that, at all times, students are on their best behaviour and follow the instructions of the staff to ensure everyone's safety.

Please ensure that no forbidden items are brought with students (smoking paraphernalia, vapes etc) or anything else that can't be taken through customs. Similarly, nothing can be bought in Spain of this nature.

At no time may a student be on their own. There will be regular staff check ins, rooms will be checked, and we will ensure that anyone not able to comply then spends their time with a teacher and then dealt with by school upon our return. Worst case scenario, you will be required to fly out and collect them!

Seatbelts are fitted on the coach, it is a requirement to wear these, and we will insist that seatbelts are worn at all times on the flight even if the seatbelt sign is switched off. Please discuss the importance of this.

Students are not only representing the school but also yourselves at all times. We will be in many public places including the airports, metro, restaurants, museums and the hostel and we hope the students always portray themselves in the best light.

Students will be split into 5 groups for registration and have an assigned teacher. This is to make sure we can easily count heads. We will be using the metro system and students will need to clearly follow instructions for getting on and off the trains. There will be a lot of walking too so sensible shoes please. Please discuss with them about these important behavioural elements.

However, we are confident we will need to do more than issue this warning for behaviour as we have a lovely group of students coming with us and we are very much looking forward to taking them.

The travel company - NST

We have used them before!

Key information;

• Established 1967 - over 45 years' experience • Government recommended health and safety policy • ABTA and ATOL protected - your payments are insured • Insurance cover and 24-hour medical assistance cover

Emergency

In an **emergency** you may contact our emergency telephone no.

The phone number is **07391056578**. Please remember you are calling abroad.

If you get a call or message from this number, please respond to it as we are trying to make contact. If you need to contact us in an emergency, please use this number. Text first and we will call you back when it's an appropriate time if we do not answer. Please remember we are abroad so it may take a while to make contact.

Thank you for allowing us this opportunity and we really hope the students enjoy it (and you enjoy a weekend off!). Do make contact if you have any questions.