



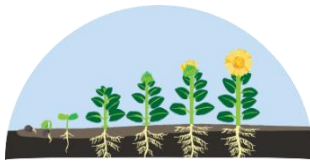
Week One Menu – w/c 02/09/24, 23/09/24, 14/10/24

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Spanish Chicken with Fluffy White Rice, Carrots and Broccoli	Beef Pasta Bolognese with Peas and Sweetcorn	Roast Chicken Served with Roast Potatoes, Cauliflower, Green Beans & Gravy	Pork Sausages with Mashed Potato, Green Beans, Carrots & Gravy	Fish Fingers Served with Chips Beans or Peas
Vegetarian	Vegetable Curry with Fluffy White Rice, Carrots and Broccoli	Macaroni and Cheese with Peas and Sweetcorn	Vegan Quorn Fillet with Roast Potatoes, Cauliflower, Green Beans & Gravy	Vegan Sausages with Mashed Potato, Green Beans, Carrots & Gravy	Cheese & Tomato Pizza Pinwheel Served with Chips Beans or Peas
Jacket Potato/ Tomato Pasta	Tomato Pasta With Carrots and Broccoli	Tuna Mayonnaise/ Cheese/ Baked Beans	Tomato Pasta With Green beans	Tuna Mayonnaise/ Cheese/ Baked Beans	Tomato Pasta With Peas
Sandwich/ Wrap	Ham or Cheese Sandwich	Ham or Egg Mayo Wrap	Cheese or Tuna Mayo Sandwich	Ham or Cheese Wrap	Cheese or Tuna Sandwich
Side Dish	Carrots and Broccoli	Peas and Sweetcorn	Cauliflower and Green Beans	Green Beans and Carrots	Beans and Peas
Dessert	Oat Cookie with Orange Slices	Iced Sponge and Custard	Vanilla Ice Cream and Fresh Fruit	Shortbread and Fresh Apple Slices	Fresh Fruit Friday
Deli Bar	Fresh Salad and Bread is available daily. Fresh fruit also available daily				



Week Two Menu – w/c 09/09/24, 30/10/24, 21/10/24

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	BBQ Chicken with Fluffy White Rice, Carrots and Broccoli	Beef Burger with Potato Wedges, Peas, and Sweetcorn	Roast Chicken Served with Roast Potatoes, Green Beans, Cauliflower & Gravy	Beef Lasagne with Warm Baguette Slice, Broccoli, and Sweetcorn	Fish Fingers, Chips, Beans or Peas
Vegetarian	BBQ Vegetable and Mixed Bean Wrap with Fluffy White Rice, Carrots and Broccoli	Vegetarian Burger with Potato Wedges, Peas, and Sweetcorn	Roast Quorn Fillet with Roast Potatoes, Green Beans, Cauliflower & Gravy	Vegetarian Lasagne with Warm Baguette Slice, Broccoli, and Sweetcorn	Veggie Sausage Roll served with Chips, Beans or Peas
Jacket Potato/ Tomato Pasta	Tomato Pasta With Carrots and Broccoli	Tuna Mayonnaise/ Cheese/ Baked Beans	Tomato Pasta With Green Beans and Cauliflower	Tuna Mayonnaise/ Cheese/ Baked Beans	Tomato Pasta with Peas
Sandwich/ Wrap	Ham or Cheese Sandwich	Ham or Egg Mayo Wrap	Cheese or Tuna Mayo Sandwich	Ham or Cheese Wrap	Cheese or Tuna Sandwich
Side Dish	Carrots and Broccoli	Peas and Sweetcorn	Green Beans and Cauliflower	Broccoli and Sweetcorn	Beans and Peas
Dessert	Flapjack and Orange Segments	Iced Sponge with Custard	Shortbread and Fresh Apple Slices	Apple Crumble with Custard	Fresh Fruity Friday
Deli Bar	Fresh Salad and Bread is available daily. Fresh fruit also available daily				



Week Three Menu – w/c 16/09/24, 07/10/24

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Ham, Cheese and Tomato Pizza with Diced Potato, Carrots and Broccoli	Minced Beef Cottage Pie with Sweetcorn and Cabbage	Roast Chicken served with Roast Potatoes, Green Beans, Carrots & Gravy	Sausage and Tomato Pasta with Warm Baguette, Carrots and Sweetcorn	Fish Fingers served with Chips Beans or Peas
Vegetarian	Cheese and Tomato Pizza with Diced Potato, Carrots and Broccoli	Vegan Mince Cottage Pie with Sweetcorn and Peas	Vegan Quorn Fillet served with Roast Potatoes, Green Beans, Carrots & Gravy	Vegetable Frittata with Warm Baguette, Carrots and Sweetcorn	Vegetable Nuggets Served with Chips Beans or Peas
Jacket Potato/ Tomato Pasta	Tomato Pasta With Carrots and Broccoli	Tuna Mayonnaise/ Cheese/ Baked Beans	Tomato Pasta With Carrots and Green Beans	Tuna Mayonnaise/ Cheese/ Baked Beans	Tomato Pasta with Peas
Sandwich/ Wrap	Ham or Cheese Sandwich	Ham or Egg Mayo Wrap	Cheese or Tuna Sandwich	Ham or Cheese Wrap	Cheese or Tuna Sandwich
Side Dish	Carrots and Broccoli	Sweetcorn and Peas	Green Beans and Carrots	Carrots and Sweetcorn	Peas & Baked Beans
Dessert	Chocolate Sponge and Custard	Oat Cookie and Peaches	Iced sponge and Banana	Chocolate and Orange Shortbread with Apple Slices	Fresh Fruit Friday
Deli Bar	Fresh Salad and Bread is available daily. Fresh fruit also available daily				



School Lunch menu

Food for Life

With this menu we continue with our achievement of Food for Life Bronze

Food for Life Bronze which briefly means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award please visit foodforlife.org.uk/schools



Our Menu

School meals do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat and nut free.