



THE CONSORTIUM  
ACADEMY TRUST

25 April 2024  
**Primary - Year 6 SATs**



**THE  
HESSLE  
ACADEMY**

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Dear Parent/Carer

As the SATs approach, we are mindful that our pupils are working their socks off to reach their full potential. To alleviate any stress they may be feeling, we have planned a variety of supportive strategies; these include scheduled 'down time' each Friday afternoon and frequent brain breaks, aimed at supporting the wellbeing of our pupils.

If you are concerned that your child is feeling the stress of exams and the transition to secondary school, the NHS have released some advice to help them beat the anxiety. Please follow the link below for more information.

[Help your child beat exam stress - NHS \(www.nhs.uk\)](http://www.nhs.uk)

Please feel free to contact us on 01482 648602, option 2 or [ppsoffice@hessleacademy.com](mailto:ppsoffice@hessleacademy.com) should you have any concerns or suggestions on how we can support your child

Thank you for your continued support.

Yours faithfully

Mrs M Preston  
Head of School