



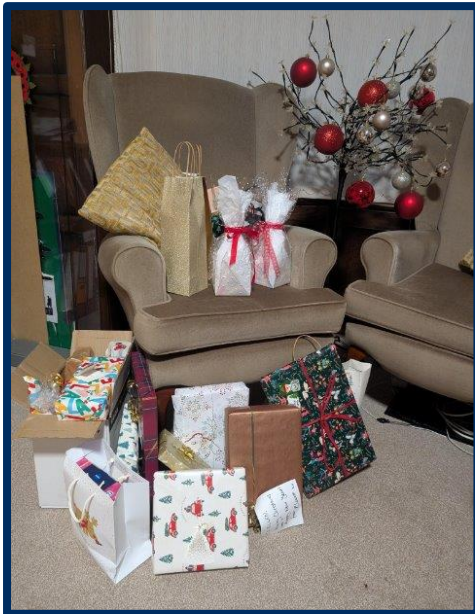
# The Eagle

## Newsletter



Year 7 - Volume 3

# Hessle Staff provide stacks of gifts to Redstacks Care home!



Each year our staff body support a local charity at Christmas time which allows us to give back to the neighbouring community. This year we chose Redstacks residential home and wanted to support both their staff and residents. We appreciate all the hard work the staff carry out, knowing full well that we may require the same care for ourselves or our loved ones in the future, and we wanted all residents to feel valued.

Redstacks wrote gift labels with everyone's name and a wish for a gift and then these were shared amongst staff. So popular was the collection that each was gifted 2 presents, totalling almost 80 gifts altogether! They filled both a boot and a back seat and took 4 staff members to load!

The care home was overwhelmed by the thought and care that had gone into the not only the gifts but also the lovely cards, messages and wrapping.



# Head of Year 7 Updates

Mr Riches

In this edition, we'll examine the school value of "Kindness". In the quotation below, the aviator Amelia Earhart, offers an idea we can all use to frame our thinking about the subject.

*"A single act of kindness throws out roots in all directions, and the roots spring up and make new trees"*

Kindness adds value because its impact is cumulative: the kinder we are, the kinder others become. The idea of "paying it forward" to create a positive community culture is a key part of this value. As a year team, the idea that an action puts down "roots" which can spread is something we often talk to our students about, and we are proud of the many kind actions we see daily.



Likewise, an act of unkindness can also spread, particularly in the online world. For most young people, access to a smartphone has given them instant access to information, music, games and many more aspects that improve their daily lives. We are, however, all aware of the negative elements they have brought into the lives of children, most significantly the potential for negative and harmful online interactions.

In our Year 7 office, we have this poster on the wall to help young people to "THINK" before they speak:

This is a simple but important set of questions and students understand it when we speak to them but, for some, when they're online makes them forget the importance of taking the time to ask these questions of themselves. It's important to remember that our actions in the online world carry the same weight as in the physical world. An unkind word or action still has an impact, potentially on an even wider scale due to the ability to share at the click of a button and draw more people into a situation. All Social Media platforms provide a degree of separation from reality – people act in a way that they wouldn't do in a face-to-face situation.



# Head of Year 7 Updates

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For young people, tackling this can be difficult and they will sometimes need your support. In school we ask all our students to make sure they tell an adult at home if they are worried about something someone has said to them online and to block anyone demonstrating negative behaviour towards them. To support us in school and to allow students to concentrate on their learning when they come to us, we ask for your continued support in monitoring and managing your child's online behaviour at home, ensuring that their interactions are both safe and appropriate.

A key benefit of our mobile phone policy is that it removes this complication for our students during the time they are in school, helping them to stay safe and allowing them to focus on our core purpose of education for all. Thank you for your continued support of this policy and for ensuring your child's online interactions with other young people follow the principles of "THINK" when using their devices at home.

Finally, I mentioned the kindness of students in Year 7, and I'll end by highlighting some of the ways our students have demonstrated this:

- Sofia W, Sabina V, Cherry S and Amelia S were all nominated by Mrs Mitchell for their help with the Christmas Fayre.
- Clara A, 7C1 was highlighted for her positive attitude and manners every morning. Miss Wheeler added, "You always start my day off with a smile, thank you"
- Ellie F, 7C3 was recognised for sharing with others by Mrs Mears
- Miss Bishop was full of praise for Emily PT, 7A3 and Florence N, 7A2 for helping out in science lessons by handing out books and having a positive attitude

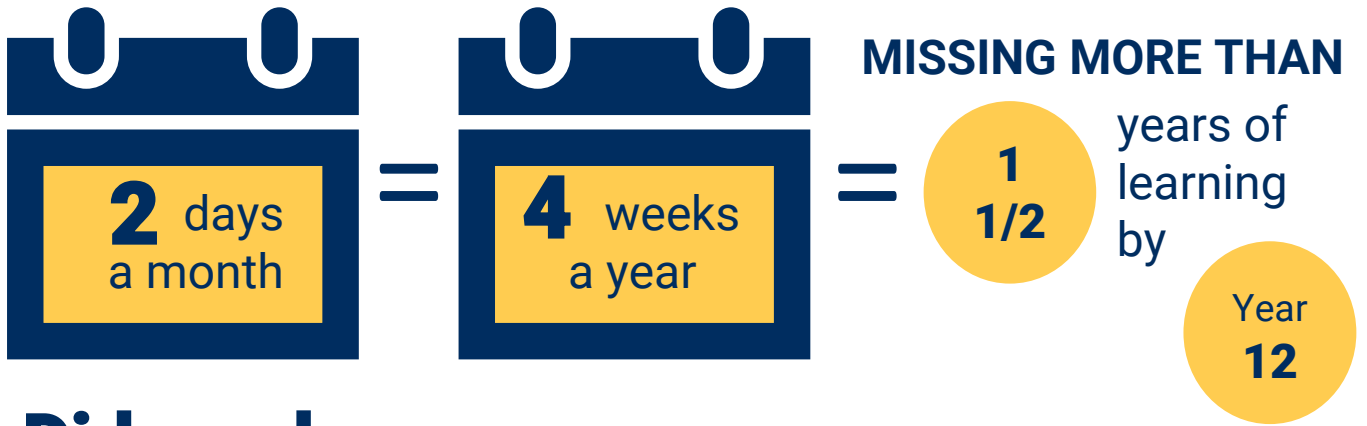
Thank you to all for laying down the "roots" of kindness and for your positive contributions to the year group – keep it up!

Mr Riches  
Head of Year 7  
Miss Briggs  
Assistant Head of Year 7

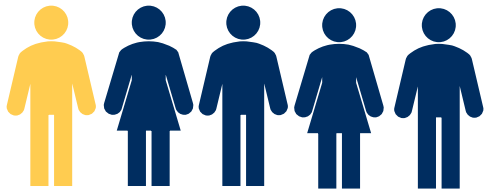


# Attendance Matters

every student, on time, every day



## Did you know



# 1 in 5

students don't attend school regularly

## What families can do ...

- ✓ Be firm: send your child to school every day, all day, unless they are unwell
- ✓ Develop good sleep and morning routines
- ✓ Schedule appointments and extra-curricular activities outside of school
- ✓ Avoid taking holidays during term time
- ✓ Seek help early before your concerns become serious

## It's never too late to improve attendance

- Going to school more often will make a difference
- Attendance habits will follow your child into work and life

## Each day missed ...

- Puts your child behind and makes it harder for them to catch up
- Can lead to lower achievement in reading and writing
- Can lead to gaps in learning
- Makes school completion less likely
- Makes the transition into a career less likely to be successful



**Schools are here to help.**

Students have been continuing their Water and Sea project with research into the artist Jason Scarpace.



## Teacher Shout-Outs

Vivian Y, 7K – always completing classwork to a high standard

Alicia C, 7J - always going above & beyond

Joseph H, 7J - always going above & beyond

Kamile P, 7J - always going above & beyond

Fatima R, Harry R, 7L - keeping books organised for the class

Amy A, Abigail J, Lily B, 7L - excellent homework

Eleanor H, Oliver W, 7V - always polite and kind to classmates

## Upcoming Curriculum/Events:

Students will move onto clay work to produce ceramic fish in the artist's style



**Boys:**

- **Trampolining:** The boys wrapped up trampolining with improved coordination, balance, and body control. Many enjoyed the challenge of mastering new tricks or building up their confidence on the trampoline.
- **Rugby:** Moving onto rugby introduces a more physical and tactical element, so the boys are now working on teamwork, communication, and physicality. It's a big change from the individual-focused trampolining, but it'll likely help build resilience, discipline, and fitness.

**Girls:**

- **Badminton:** The girls focused on the basics during their badminton sessions, building on their agility and hand-eye coordination skills, as well as, developing their understanding of the game. Many enjoyed the fast-paced nature and competition of the sport.
- **Basketball:** Transitioning to basketball means the girls are now learning ball-handling skills, dribbling, shooting, and teamwork in a team sport setting. The fast breaks and strategic plays will be exciting to see them get into, especially if they've already got a good grasp on agility from badminton.

**Upcoming Curriculum/Events:**

Outdoor Adventurous Activities  
Basketball  
Table Tennis

**Teacher Shout-Outs**

Isobel H, 7ab - Aspiration  
Michalina B, 7ab – Resilience

Alicia C, 7ab - Alicia was in her Zonal Trampolining School finals representing all Northern England and Northern Ireland. She got 8th in her category. Congratulations Alicia.

Vivian Y, 7ab – Aspiration  
Harry W, 7cd – Aspiration  
Harry R, 7cd – Kindness  
Isaac F, 7ab - Integrity

### Extra-Curricular:

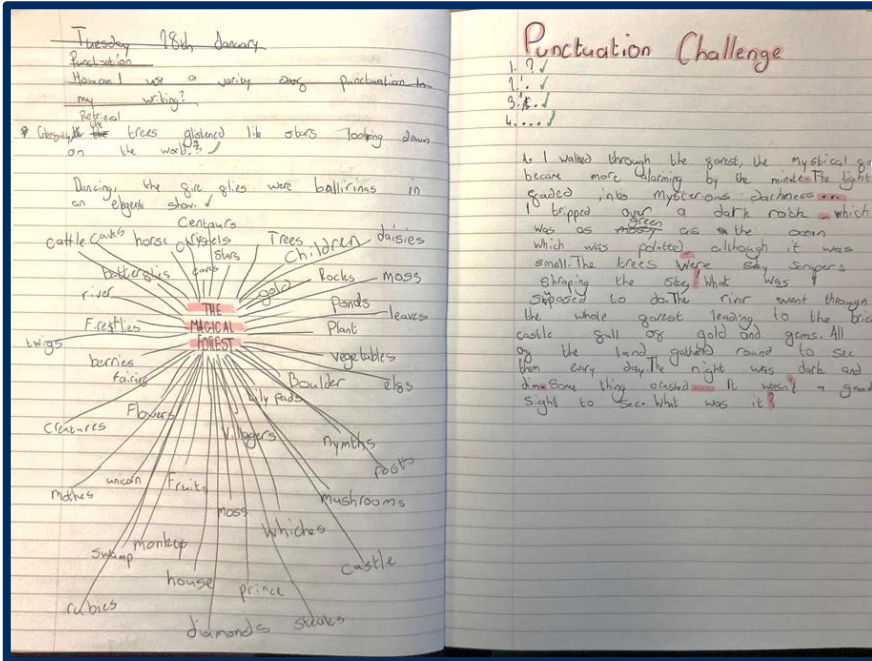
Boys Football: The Boys Football team have been in action this half-term losing out narrowly to Goole earlier in the month and are back in action w/c 27.01 at Home against St Marys College.

Jack W (7C1) performed excellently and gave his all in very difficult conditions in the Humberside Cross-Country championships in Scunthorpe, finishing in a very respectable 38th place.

Our School partnership with the Tigers Trust opens an opportunity for students that have a limited opportunity to participate in Football outside of School, they will have the opportunity to compete in the Futsal competition held at Hull University w/c/03.02



This term Year 7 have been working on writing to describe by creating their own creative writing. They have also been Learning about the Elizabethan era and writing about the form of a play through their study of "A Midsummer Night's Dream" by William Shakespeare.

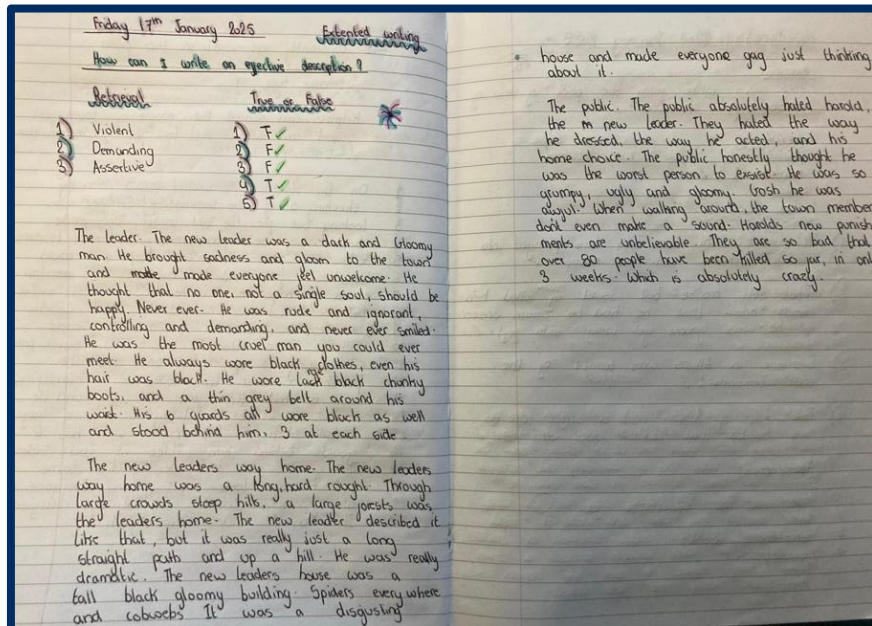


## Teacher Shout-Outs

Abigail J, 7cd1 – excellent focus and achievement

Jayden B, 7cd1 – fantastic contributions and creative writing

Jack W, 7gi3 – excellent work ethic and great progress in writing



## Upcoming Curriculum/Events:

Homework is set on Educake and is accessible through Teams and on [Educake - Online Formative Assessment for Homework and](#)

Classwork. Pupils can use their Microsoft single sign-on.

Year 7 will complete an assessment on in the w/b 28/4/25. Next term Year 7 will be studying poetry and writing to argue..



In Year 7 Mathematics, students have been focusing on fractions, percentages, and probability. They have explored how to simplify and compare fractions, convert between fractions, decimals, and percentages, and solve real-life problems involving percentages, such as calculating discounts and taxes. In addition, students have been learning about the concept of probability, including how to calculate the likelihood of different events happening and how to express probabilities as fractions, decimals, and percentages. These topics have helped students build strong foundational skills in both number theory and data analysis, preparing them for more advanced mathematical concepts in the future.



## Teacher Shout-Outs

Cherry S, 7ef1 – excellent work in algebra

Martha I, 7ef1 – Aspiration

Isaac F, 7ab2 – resilience

Arlie L, 7ab2 – aspiration

Alice B, 7gi1 – resilience

Rochelle O, 7gi1 - aspiration

Maisie D, 7gi1- aspiration

**Decode the Joke**

Calculate a value for each of the letters of the alphabet. Simplify your answers where possible.

| Letter | Equation  | Answer                          |
|--------|---|---------------------------------|
| A      | $\frac{1}{4} \times 40$                               | 10                              |
| B      | $9 \times \frac{1}{3}$                                | 3                               |
| C      | $\frac{2}{15} \times 30$                              | 12                              |
| D      | $20 \times \frac{3}{10}$                              | 6                               |
| E      | $\frac{5}{11} \times 2$                               | $\frac{10}{11}$                 |
| F      | $\frac{1}{2} \times 3$                                | $\frac{3}{2}$                   |
| G      | $\frac{3}{14} \times 4$                               | $\frac{6}{7}$                   |
| H      | $\frac{1}{5} \times \frac{2}{3}$                      | $\frac{2}{15}$                  |
| I      | $\frac{2}{3} \times \frac{3}{5}$                      | $\frac{6}{15}$                  |
| J      | $\frac{2}{3} \times \frac{1}{9}$                      | $\frac{2}{27}$                  |
| K      | $\frac{4}{5} \times \frac{1}{5}$                      | $\frac{4}{25}$                  |
| L      | $\frac{7}{8} \times \frac{3}{5}$                      | $\frac{21}{40}$                 |
| M      | $\frac{5}{12} \times \frac{1}{3}$                     | $\frac{5}{36}$                  |
| N      | $\frac{7}{10} \times \frac{3}{5}$                     | $\frac{21}{50}$                 |
| O      | $\frac{2}{3} \times \frac{1}{5}$                      | $\frac{2}{15}$                  |
| P      | $\frac{4}{7} \times \frac{3}{8}$                      | $\frac{3}{7}$                   |
| Q      | $\frac{1}{2} \times \frac{6}{11}$                     | $\frac{3}{11}$                  |
| R      | $\frac{5}{8} \times \frac{2}{3}$                      | $\frac{5}{12}$                  |
| S      | $\frac{3}{4} \times \frac{1}{12}$                     | $\frac{1}{16}$                  |
| T      | $\frac{5}{6} \times \frac{7}{10}$                     | $\frac{7}{12}$                  |
| U      | $\frac{7}{9} \times \frac{11}{14}$                    | $\frac{11}{18}$                 |
| V      | $\frac{1}{4} \times \frac{2}{7} \times \frac{3}{5}$   | $\frac{3}{140}$                 |
| W      | $\frac{2}{5} \times \frac{1}{12} \times 3$            | $\frac{6}{60} = \frac{1}{10}$   |
| X      | $\frac{7}{9} \times 2 \times \frac{3}{10}$            | $\frac{42}{90} = \frac{7}{15}$  |
| Y      | $6 \times \frac{3}{8} \times \frac{2}{11}$            | $\frac{36}{88} = \frac{9}{22}$  |
| Z      | $\frac{7}{12} \times \frac{2}{3} \times \frac{9}{14}$ | $\frac{126}{504} = \frac{1}{4}$ |

Now decode the joke...

|                         |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1                       | 2  | 6  | 12 | 2  | 15 | 4  | 6  | 21 | 6  | 7  | 21 | 1  | 3  | 10 | 11 | 6  | 3  | 5  | 10 | 12 | 7  | 6  |
| 10                      | 15 | 35 | 12 | 15 | 15 | 35 | 50 | 7  | 7  | 40 | 15 | 70 | 11 | 11 | 11 | 6  | 7  | 12 | 10 | 12 | 12 | 35 |
| WHICH KING LOVED FRACTI |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 1                       | 21 | 1  | 7  | 3  | 10 | 21 | 5  | 9  | 7  | 2  | 10 | 10 | 6  | 6  | 2  | 7  | 2  | 1  |    |    |    |    |
| 15                      | 30 | 16 | 16 | 15 | 11 | 50 | 12 | 22 | 12 | 15 | 11 | 11 | 11 | 35 | 7  | 15 | 12 | 15 | 1  |    |    |    |
| ONS? HENRY THE EIGHTH!  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |

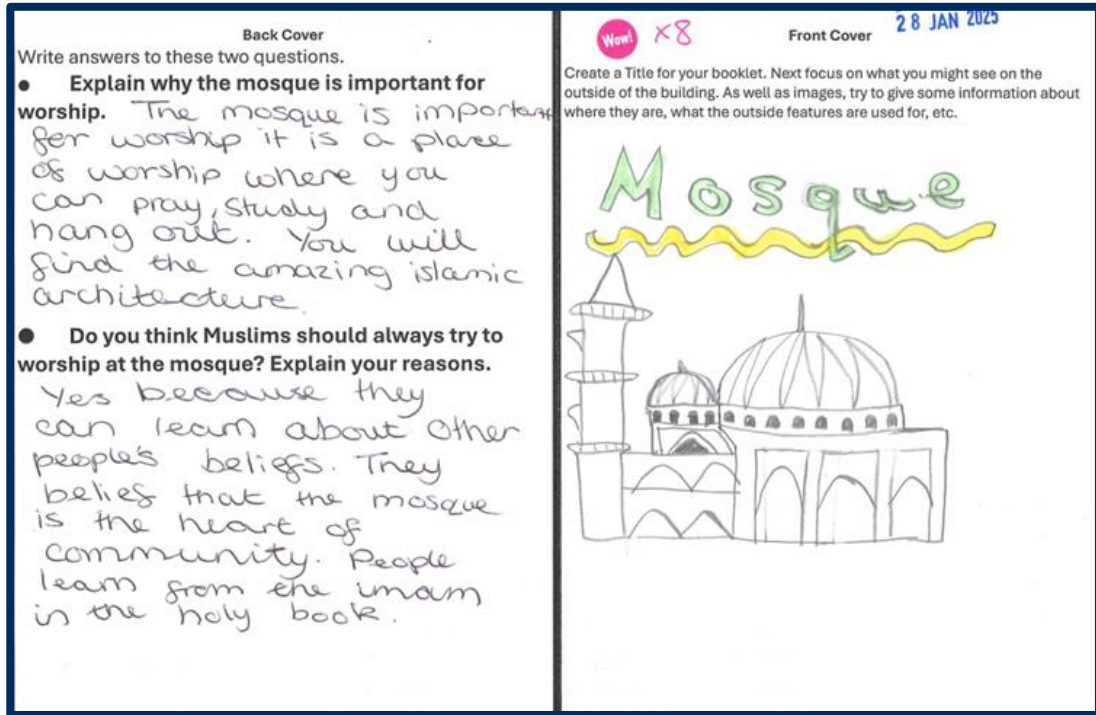
## Upcoming Curriculum/Events:

Two maths homework platforms have been launched, giving students access to Active Hub and Times Table Rock Stars. Each Teacher will advise what platform they to use; and homework will be set weekly.

The Active Hub platform, created by Pearson Edexcel—our chosen exam board—provides a valuable resource for learning. Many students will already be familiar with TTRS and should use this to continue and deepen their understanding of multiplication/division. Students' login details have been emailed.



Year 7 have been covering Places of Worship this half term. We have been learning about Churches, Gurdwaras, Synagogues and Mosques. 7P have produced some fantastic booklets about Mosques and why they are important.



## Teacher Shout-Outs

Evie C, Libbie D, Obi-Kade M from 7P who have shown aspiration in producing high quality booklets about Mosques

Upcoming Curriculum/Events:

Next half term Year 7 will be completing learning about Islam

# Modern Foreign Languages

Year 7 have continued their excellent attitudes towards their learning of Spanish, which is great to see!! We carried out some assessments which really showcased some super talent, especially at speaking.

Our new topic this term is 'All about me' and students have been learning about the country of Costa Rica as well as 'meeting' Carla, our pen-pal there. We've learned about the importance of animals and family to Costa Ricans and learnt how to talk about themselves in more detail in Spanish.

Querido Hesse High:

¿Qué tal? Aquí, estoy bien gracias. Vivo en Atenas en Costa Rica con mi familia grande. Hay un volcán cerca de mi casa, ¿es la leche! ¿Dónde vives? ¿Cómo es?


Me llamo Carla, y tengo doce años. Mi cumpleaños es el quince de enero ¿Cuándo es tu cumpleaños?

Soy una persona simpática y tengo muchos animales. Mi preferido es mi mono pequeño Federico, es muy chulo y es marrón. **El fin de semana**, con mis amigos, **hay que** ir a la selva donde **se puede** ver otros animales como los perezosos. En el futuro **me gustaría** tener un zoo lleno de animales – me encantaría un tucán multicolor **sin embargo** no quiero un jaguar.

Es importante la familia en Costa Rica, **lo bueno es que** vivo con mis abuelos, mis padres, mi tío y mis hermanos. Mi hermano menor se llama José y tiene ocho años. Su cumpleaños es el trece de julio. Tiene un perro blanco y negro.

Soy de Costa Rica y me flipa aquí. Está lleno de color y ¡es la bomba! No obstante mi abuela es de Argentina y **por eso** tengo un primo allí que se llama Pablo. Pablo es muy tonto y le gusta el deporte mucho. Tiene el pelo corto y castaño.

Escríbeme un mensaje, Un beso, Carla




## Teacher Shout-Outs

Beth M, 7J -for her amazing streak on Duo Lingo –we're very impressed!

Aiden S, 7J – for such enthusiasm at all times

Ruby D, 7U – for helping other students out when they struggle

**Vivo con**

mi madre

mi abuelo

mi padrastro

**también**

mi hermano

mi hermana

mis hermanos

y

mi primo.

mi tía.

mi abuela.

**En mi familia hay,**

siete

cinco

ocho

personas,

¡qué guay!

¡es la bomba!

¡es la leche!

**Sin embargo, no tengo**

una prima

una tía

una hija

o

un hijo.

un tío.

un hermano menor.

Translate: I live with my stepdad, also my sister and my grandma. In my family there are 7 people, how cool! However, I don't have a daughter or a younger brother.

Upcoming Curriculum/Events:

Homework is set weekly and is learning key vocabulary which we use in lessons. Students are given a sheet in the first week of term (with a copy on teams) and learn a week at a time to be tested in class.

# Orlando House Updates



Orlando has seen a change in Head of House over the last few weeks and I am excited to work alongside our team captains to help raise money for charity and continue to hold a competitive stance for the house cup.

Orlando students have come back after the new year poised and ready to follow the school values, with many of them showing each one.

Our students are continuing to work hard and get house points with our current house point total standing at 148,608, a huge increase in this term alone! Well done everyone.

Our top students of this half term:

Year 7: Dylan B 701 (471), Evie C 702 (363), Kian M 701 (348), Charlotte W 702 (300), Edward H 701 (291).

Next term:

This term contains our charity day which will be taking place on the 2nd April. Students will be able to come in their PE kit on that day and the events will be revealed in due course.

Other competitions will be taking place as well including a 'new life' photography competition, design an easter egg and quizzes, all for students to get involved with to win house points.

Mr Adams  
Head of Orlando House



# Portia House Updates



The new year has got off to a flying start for Portia House! Students continue to exceed expectations both inside the classroom through adopting positive attitudes to learning and through consistently demonstrating our core values. Portia have retained our leadership in the race towards the House Cup and have added a further 37,731 points to our total which now stands at a whopping 154,281. Special shoutouts to the top scoring tutor groups in each year group:



7P1 - 16,524

The top 5 students in the house are Theany B 7P1 and Lois H 7P1. More students will be highlighted and celebrated during our end of term House assembly in the final week of term where students will receive prizes for their efforts this term.

Looking forward to the weeks ahead, I have some exciting news about upcoming events to get involved with that will raise awareness and money for our House Charity, Downright Special. We will soon be asking for contributions to our Easter Hamper competition whereby the hamper will be won by a lucky individual. Raffle tickets will be available to purchase at school after the February half term break and all proceeds will go to our house charity. We also plan to have a bake sale for Down Syndrome Day which is 21 March, a date chosen to represent the additional 3rd copy of chromosome 21, present in people with Down Syndrome.

More details will follow in tutor period with how members of Portia House can get involved with baking and selling delicious treats and baked goods.

As Spring is trying to make an appearance through the slight stretch of the evenings, we will also be launching a 'New Life' Photography competition where students can be awarded additional House Points and prizes for participation and also winning the competition. Information of all these events will be shared during the tutor programme in due course.

Please congratulate your children on their positive contributions this year through being valued members of Portia House, we continue to all be very proud of them all and look forward to more amazing work.

Mrs Foster  
Head of Portia House

# Cassio House Updates



Welcome to a brand-new year, full of fresh opportunities and exciting possibilities! As we step into 2025, we are filled with optimism and enthusiasm for all that lies ahead. Together, as House Cassio, we will make this year one of achievement, creativity, and community. The aim is to embrace the new year with energy and excitement, ready to take on all the challenges and triumphs that will come our way! And without further ado, I am pleased to share the latest updates and highlights from our school community.

Cassio has made a strong start to the year regarding the House competition, with a total of 159,723, adding over 55,000 house points since the start of the year. The team has shown great resilience since we returned to School in the New Year after the Christmas break. This will put us in a great position amongst the competition as the School Year progresses and I am excited to see where we finish as a House. Students in the Spotlight leading the way for House points for each year group:

Year 7: Byren P (7C3) with 1304 points, Amelia S (7C1) with 1157 points, and Rose I (7C2) with 1102 points.

These students are setting the pace in their respective year groups and contributing significantly to their House's success.

The end of 2024 saw a significant contribution made to the House charities, raised through Hessle High School Christmas Fayre. The total raised on the day was £1067.85 and therefore, £294.71 going to Roux's Army.

As we start the New Year, there are many more exciting challenges and competitions that lie ahead. As a House team, we will be asking for donations towards an Easter Hamper to be raffled and raise money for the House charities. Tickets will be available after February half-term for students to buy. The Spring 'New Life' photography competition will be launching soon, and this year's Cassio Charity Day has a confirmed date of Thursday 8th May. More news regarding this to follow in the next Newsletter.

Mr Griffiths  
Head of Cassio House

# Ariel House Updates



Ariel students have worked extremely hard this half term. We have experienced the post-Christmas buzz, the winter bugs and a lot of tired heads, but all students have come to school, positive and more determined than ever. I am incredibly proud of all those who turn up each day and continue to do the correct things.

January is over and it's been nice to hear what students have been up to with their new year's resolutions. So many students are trying new challenges, determined to achieve a goal or just simply be a bit more positive this year. If your resolutions are still going strong, you are doing amazing! Keep it up!

We have been busy fundraising for our house charity 'Humber Rescue'. We have already surpassed last year's total and are super excited to get working on more fundraising events in the second half of the school year.

I have been meeting with my team captains to start planning for our charity day which is set to be at the end of February. Unfortunately, this has had to be postponed and rearranged now due to Year 11 mocks and we want to make sure that all students can be involved, so new date incoming. Thank you to all students who are already keen to help and are ready to volunteer. More details to follow.

Students in the spotlight this half term for house points:

Lacey C (7A2) with 361

Top 3 tutor groups for house points:

7A2 with 3470, 9A3 with 3230 and 9A1 with 3200.

Everyone is absolutely smashing it, keep up the hard work and collect as many house points as possible.

So far this year, Ariel students have collected: 142,055 House Points!

Miss Deveney  
Head of Ariel House

# House Points



**154281 159723 148608 142055**

## Extra Curricular clubs

Please see our **Extra Curricular clubs** available;

| Club                                       | Day                                | Year Group | Club                 | Day       | Year Group |
|--|------------------------------------|------------|----------------------|-----------|------------|
| Badminton                                  | Monday                             | 7 to 10    | Choir                | Wednesday | 7 to 11    |
| School Production Rehearsals               | Tuesday/<br>Wednesday/<br>Thursday | 7 to 11    | Open Music Rehearsal | Tuesday   | 7 to 11    |
| Rugby                                      | Monday                             | 7 to 11    | Dungeons & Dragons   | Friday    | 7 to 11    |
| Netball                                    | Tuesday                            | 7 to 11    |                      |           |            |
| Fitness/Gym                                | Wednesday                          | 7 to 10    |                      |           |            |
| Boys Football                              | Thursday                           | 7 to 11    |                      |           |            |
| Tigers Trust Girls Football                | Thursday                           | 7 to 11    |                      |           |            |
| Cheerleading                               | Friday                             | 7 to 11    |                      |           |            |
| Bridgehead Project                         | Wednesday                          | 7 to 10    |                      |           |            |
| Scalextric/<br>Electronics &<br>Greenpower | TBC                                | 7 to 10    |                      |           |            |



# Key Dates and Notices

Whole School Production

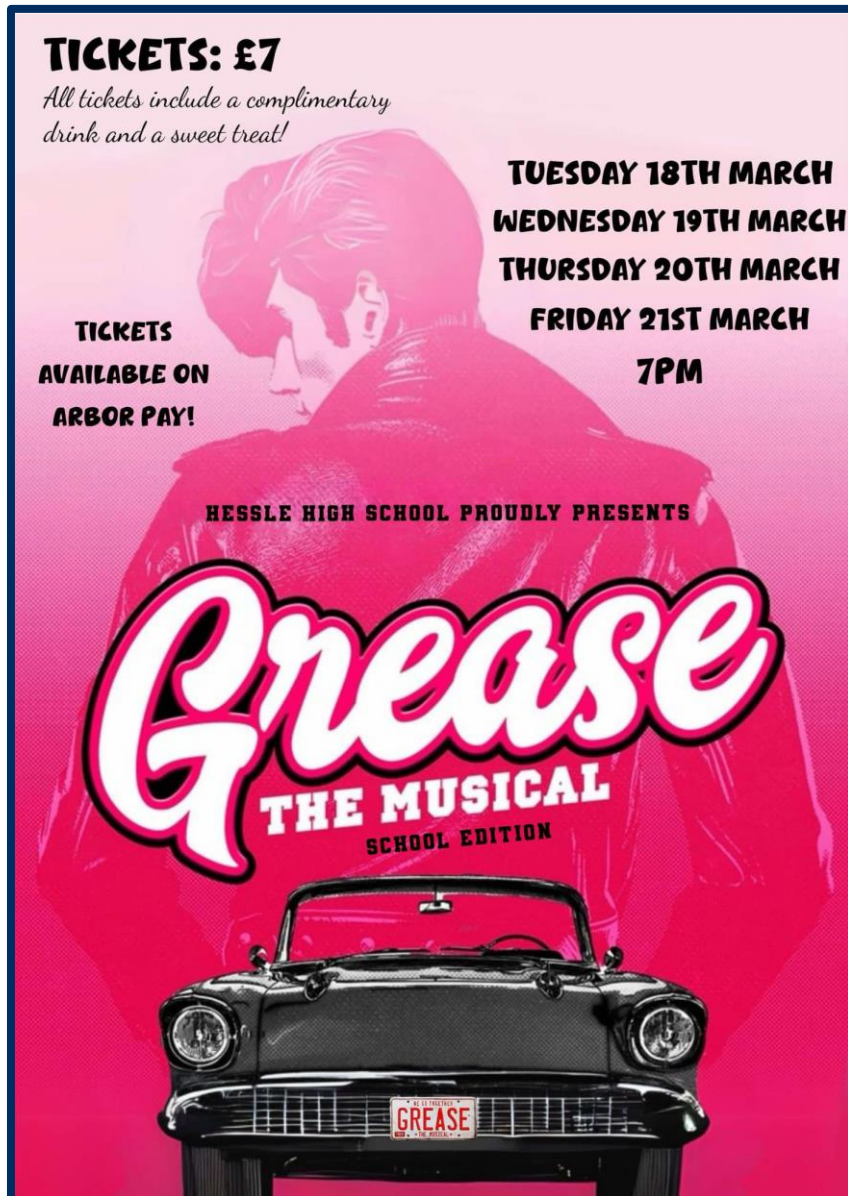
w/c Monday 17 March 2025

School Closes for Half Term

Friday 4 April 2025

Please click [here](#) to see all of our term dates

If you want to see more of your child online/in our newsletters, please make sure you consent on the Arbor parent portal. To learn more click [here](#).



**TICKETS: £7**  
*All tickets include a complimentary drink and a sweet treat!*

**TUESDAY 18TH MARCH**  
**WEDNESDAY 19TH MARCH**  
**THURSDAY 20TH MARCH**  
**FRIDAY 21ST MARCH**  
**7PM**

**TICKETS AVAILABLE ON ARBOR PAY!**

HESLE HIGH SCHOOL PROUDLY PRESENTS

**Grease**  
THE MUSICAL  
SCHOOL EDITION

IN THEATRE GREASE

The poster features a stylized illustration of a man in a red leather jacket, reminiscent of James Dean, with a classic black car at the bottom. The background is a vibrant pink with a halftone dot pattern.