



# The Eagle

## Newsletter

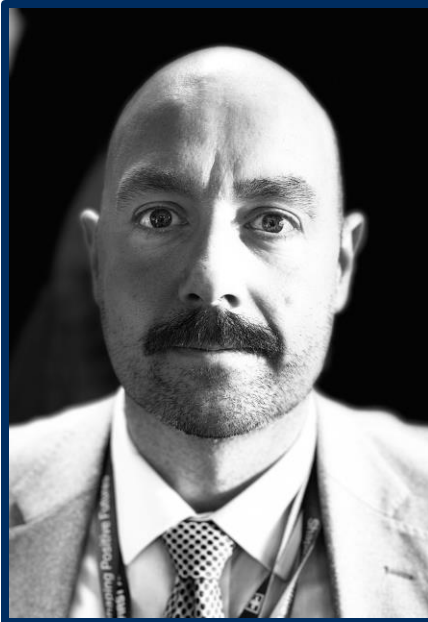


Year 7 - Volume 2

## Hessle High take on 'Movember'!



**Mr Parkin**



**Mr Chapman**



**Mr Sinclair**

Movember - the month formerly known as November - is when brave and selfless men around the world grow a moustache, and women step up to support them, all to raise awareness and funds for men's health - specifically prostate cancer, testicular cancer, mental health and suicide prevention.

The aim - at Hessle - was to raise money towards the House Charities but also take the opportunity to allow staff to prioritise their own wellbeing a little more by having an increased number of socialising opportunities through being physically active. Staff participated in several different sports, including table tennis, badminton, volleyball and football. As well as this, the gym was open daily (as it always is), should that have taken anyone's fancy.

The amount of conversations amongst staff was great regarding the Movember initiative, whether it was joining up to take part in sport or laugh and talk about Moustaches (these conversations even extended out to students) - all in the name of mental health.



# Head of Year 7 Updates

Mr Riches



**Resilience:** the capacity to withstand or to recover quickly from difficulties; toughness.

As part of our daily life in Year 7, we regularly refer to our school values of Respect, Resilience, Aspiration, Responsibility, Integrity and Kindness. They represent what we want our students to be able to demonstrate and live by during their time with us and we take the opportunity to identify where they have done so, particularly through our Year 7 Shout-Outs messages.

As a year group, we have recently explored how we can demonstrate resilience daily, with assemblies exploring examples of resilience in the wider world, particularly in relation to sporting achievements. Some of you might remember the exploits of Derek Redmond in the 1992 Olympic Games as he battled to complete his race (aided by his father) following a hamstring injury. You may also recall the achievement of Eric “The Eel” Moussambani, a swimmer from Equatorial Guinea who, at the Sydney 2000 Olympics, dug deep to finish his heat in the slowest ever time, winning over audiences for his sheer will and determination. Both sporting achievements demonstrated a willingness to keep going when giving up would have been the easier option and hopefully have provided some inspiration for Year 7 when facing difficulties of their own.

## Year 7 Football Team

In terms of our own sporting resilience, the Year 7 boys’ football team recently took part in the East Riding plate fixture against Howden School. As the game entered the final stages, the team trailed 2-1. In the very last minute of the game Jacob C latched onto a pass from Oliver R and stuck the ball in the top corner to take the game to penalties. The boys made light work of this, scoring all of their first three penalties to win the shoot-out 3-0. They now move on to the next round and are awaiting news of their opponent. Congratulations to the team (listed below) and a big “thank you” to Mr Griffiths and Mr Parkin for organising, running and managing.

## Year 7 Football Team:

Fred N (7A3)	Byren P (7C3)
Archie R (7A1)	Finley R (7C1)
Theo W (7C2)	Jacob C (7A3)
Lucas M (7O2)	Isaac F (7C2)
Charlie N (7A2)	Oliver R (7A1)



# Head of Year 7 Updates

## Year 7 Shout-Outs

Throughout the term, staff nominate students they feel demonstrate our school values.

Firstly, Mrs Leckenby had the following message for Year 7 students who competed in the recent cross-country event: Kian M, Olly W, Jack W, Archie R, Oliver R, Harvey W, Harry W, Daisy H, Amelia M, Evelyn N, Rose I, Scarlett S, Clara A and Millie T.

*"Well done for competing in the East Riding Cross Country Championships showcasing your resilience and determination as you pushed through challenging terrain and conditions to achieve your personal best. We are very proud of you!"*

Additionally, the students below have all been nominated by their class teachers and tutors:

Alicia C (7A3) Kept asking many questions during a science lesson with a difficult topic to help her understand better! Worked really well – Miss Bishop

Dominic B (7P2) Coming into school even though you had an injured leg. Always showing up to school neatly dressed and with your planner and the correct equipment – Miss Wheeler

Reece S (7P2) Star of the day in History, exceptional attitude to work, pushing himself with lots of difficult questions. Very well done, Reece! – Mrs Horrobin

Anton D (7P1) An excellent effort in History, went above and beyond in completing his work. Really well done! – Mrs Horrobin

Ruby A (7P3) Ruby was on time to school with a positive attitude and everything she needed for the day even though she had returned home at 1:00am from a gymnastics competition! What an inspiration! – Miss Hogg

Ava C (7P1) Ava wasn't feeling her best. However, she turned up to school, she spoke to me about how she felt and she agreed she would try to make it through to the weekend when she could rest up. Well done, Ava! – Mr Hossack

Well done to all involved.

Mr Riches

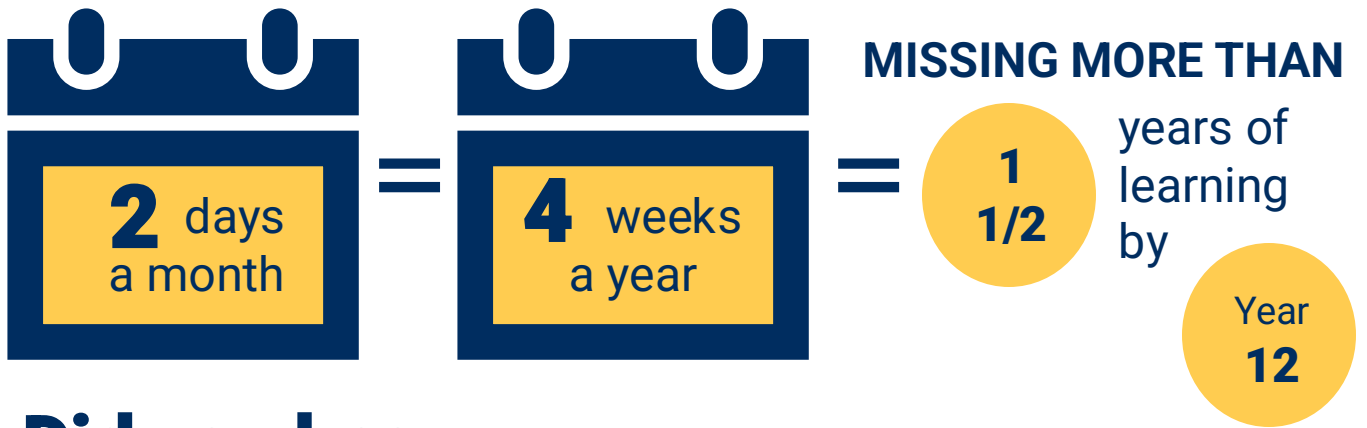
Head of Year 7

Miss Briggs

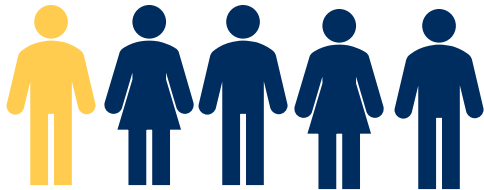
Assistant Head of Year 7

# Attendance Matters

every student, on time, every day



## Did you know



# 1 in 5

students don't attend school regularly

## What families can do ...

- ✓ Be firm: send your child to school every day, all day, unless they are unwell
- ✓ Develop good sleep and morning routines
- ✓ Schedule appointments and extra-curricular activities outside of school
- ✓ Avoid taking holidays during term time
- ✓ Seek help early before your concerns become serious

## It's never too late to improve attendance

- Going to school more often will make a difference
- Attendance habits will follow your child into work and life



**Schools are here to help.**

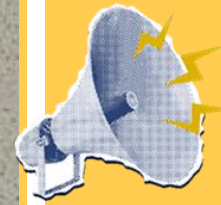
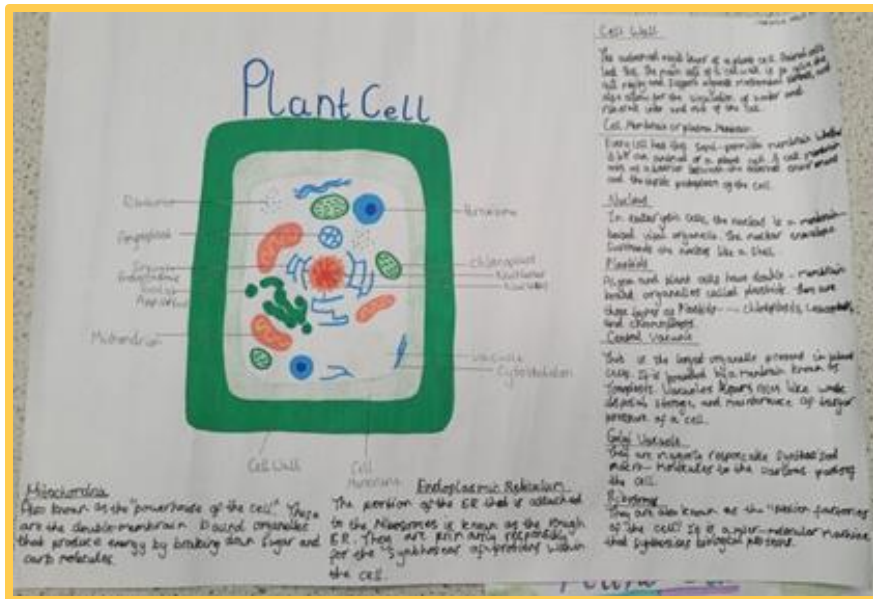
## Each day missed ...

- Puts your child behind and makes it harder for them to catch up
- Can lead to lower achievement in reading and writing
- Can lead to gaps in learning
- Makes school completion less likely
- Makes the transition into a career less likely to be successful



Year 7 are currently in the middle of the cells and reproduction topics covering everything from why we all look different to how unicellular organisms can feed themselves.

They have also handed in their first big project homework, creating a poster or model of a cell.



**Teacher  
Shout-Outs**

Amelia S, 7gi3 for an amazing cells poster!

Upcoming Curriculum/Events:

After Christmas, the Year 7s will be looking at all things light, focusing on what light is and the properties of it. They will also be studying energy and how energy moves from place to place.



# Geography

Year 7 started off looking at Fantastic Places around the world. They studied a range of places such as Machu Picchu, the Grand Canyon and the Great Barrier Reef. They also looked closer to home to decide if Hull was a city of challenge or opportunity.

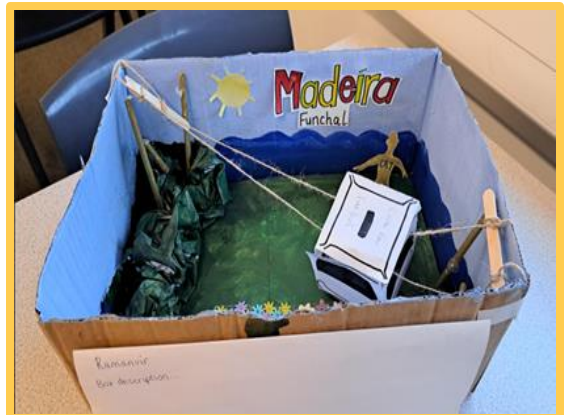
As part of their study on Fantastic Places students had to make a model of their own Fantastic Place for homework. There were some fabulous examples brought into school which you can see in the photos below.



## Teacher Shout-Outs

Ramanvir K, Lucas M and Frederick N from 7L for their great Fantastic Places models.

Layla H, Joseph H and Aiden S from 7J also produced some great geography on their Fantastic Place.



## Upcoming Curriculum/Events:

'How At Risk Am I?' Is the next topic in Year 7 which looks at a range of hazards from around the world and the risks we face from them.





# Technology

In each specialism, students have started the year focusing on essential Health and Safety requirements that must be adhered to in the various Technology environments.

In Product Design, students have designed and developed a desk tidy using a range of workshop tools, equipment and processes. The students have analysed a brief and explored different design techniques in order to work iteratively to develop design proposals. The students have used different engineering materials, equipment and processes to construct their product and have tested and evaluated their final outcome.

During the first rotation in Textiles, students were introduced to the textile industry. They have learnt about working drawings and produced their own lay plan. Throughout the practical stage of their project, they have developed basic hand-sewing skills including a running stitch and blanket stitch. Students have gained experience of how to add decorative features and components, for example buttons, sequins, beads and ribbon.

In Food, students have been introduced to the Eatwell guide covering macro and micronutrients to raise awareness of the importance of vitamins and minerals. The students have completed several challenging recipes this term that explore different techniques including fruit salad, fruit crumble, chicken fajitas and pasta salad. Towards the end of the rotation students have developed an understanding of budgeting and have developed recipes that could be produced from a weekly shop.



## Teacher Shout-Outs

Lily B, 7cd/Tx for showing Aspiration  
Cobie B, 7ef/Tx for showing Aspiration  
Lewis B, 7gh/Pd for showing Independence and Engagement



# Business and ICT

This term we started the Year 7 students off with some poster making. The students chose their own environmental issue to base their poster on and completed a plan for the poster they were going to create. This also included choosing a logo to colour in on the computers and using the internet to help them create some colourful and interesting posters in PowerPoint.

This term we have been learning about networks and how computers communicate to send and receive information, including facts about how the internet works. They have also been looking at network hardware in lessons including a server and network interface cards.

## Teacher Shout-Outs

Izzy H, 7L - always gives 100% and always so polite  
Cobie B, 7Q – always working hard in ICT  
Amy A, 7L - always gives 100% and always so polite  
Dahat M, 7Q – always willing to answer questions and giving 100%  
Domininc B, 7Q – always trying his best in lessons  
Betsie-Mae H, 7Y – giving 100% and always being polite  
Benjamin C, 7V – always working hard in lessons  
Joseph T, 7K and Isobel H, 7J - for getting full marks in the National Computing Challenge  
Theany B and Harry R, 7W - for working really hard and always giving their best effort in every lesson.  
Also, Oliver M, 7R - for looking after his friend when they needed him, really selfless act, well done Oliver.



## Upcoming Curriculum/Events:

Learning how to create our own websites for our house charities





This term, students have been learning about historical events and individuals that have connections to Hull and the surrounding area such as the Civil War, William Wilberforce and the Headscarf Revolutionaries. They used this research to develop and practise their historical skills such as essay writing and source analysis.

Students have also begun learning about the Middle Ages this half term with a focus on events leading up to the Battle of Hastings. During this topic, students have learned about the different claimants to the English throne in 1066, what happened at the Battle of Stamford Bridge and considered how and why William the Conqueror was victorious at the Battle of Hastings.

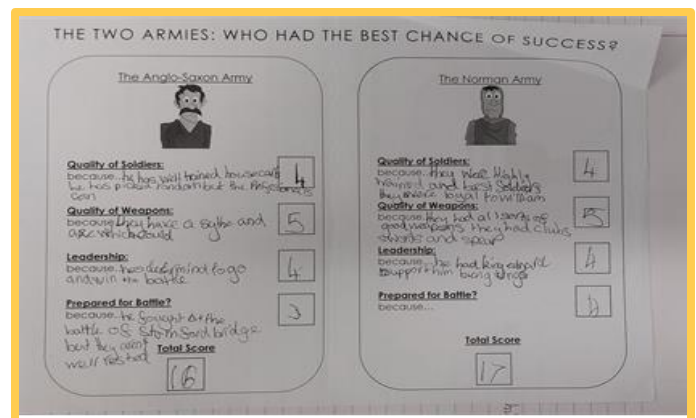


## Teacher Shout-Outs

Amy A, 7L - Amy goes above and beyond in every activity she does, participates in every lesson and does so with a cheery demeanour and the most incredible manners.

Betsie H, 7Y - Works incredibly hard, is keen to learn and show off their knowledge with the rest of the group. Even if she get things wrong, it never stops her trying again.

Indie F, 7Y - Works incredibly hard, is keen to learn and show off their knowledge with the rest of the group. Even if she get things wrong, it never stops her trying again.



## Upcoming Curriculum/Events:

In the next term Year 7 will be continuing to learn about the Middle Ages. Initially this will focus on how William the Conqueror established control through the use of tools like the feudal system, Domesday Book and castle building.

After this pupils will focus on medieval life, learning about religion, kingship and the experiences of women and Jewish people at this time.

Students will also learn about key events such as Magna Carta, the murder of Thomas Becket and the Black Death.

In this first term of Year 7, our students have been learning about the most important elements of music, which are known as the inter-related dimensions. Whilst learning about these key elements the students have also been developing their singing and drumming skills.

In this very busy term we have also had a number of performances from the music department, and some of our Year 7s performed recently at the Hesse Christmas Light Switch On as part of our Academy choir with Penshurst students.



## Teacher Shout-Outs

Isaac S, 7J  
Indiana F, 7Y  
Joseph T, 7K  
Oakley B, 7W  
Aurora-Rose O, 7Q  
Kieran L, 7R

### Upcoming Curriculum/Events:

Rehearsal time for all students every Tuesday in F25, 3pm – 4pm.

Spring term curriculum: Keyboard Skills



# Dance and Drama

Students have begun their year with an introduction to Drama. They have been provided with health and safety guidance and advice on how to work well with others. The first unit of work has enabled students to gain trust with their peers and develop their confidence through group exercises. Students have learnt how to use physical skills and how these can be utilised to communicate a character and narrative to an audience. They have also been introduced to how to use vocal skills effectively and how to apply some drama conventions to enhance their work.



## Teacher Shout-Outs

Polly A, 7J  
Ava C, 7L  
Polly G, 7R  
Tyler AK, 7K  
Ali E, 7K



Upcoming Curriculum/Events:

School Production of GREASE the musical – March 2025

Year 7 Drama: Unit 1 - Actor Toolkit		
Success Criteria		Achieved?
Big Question: How can you express a character through vocal and physical skills?		
<b>Emerging</b>	I can work as part of a group and can cooperate with others	✓
	I can perform to the class	✓
	I can create a simple character with basic gestures and movement	✓
<b>Developing</b>	I can share ideas with a group to create and develop the work	✓
	I am aware of the audience and can remember to perform towards them	✓
	I can show a simple character through speech, movement and gesture	✓
<b>Secure</b>	I can describe what a stimulus is	✓
	I can stay focused throughout a rehearsal and suggest good ideas to develop the narrative and characters	✓
	I can speak clearly, using some vocal tone to show the emotion of my character	✓
<b>Exceeding</b>	I can use a good range of movements, gestures and facial expressions to show a clear character in a scene	✓
	I can lead a group through directing a scene and encouraging others.	
	I can add my own script to the performance and learn lines	
	I can evaluate the work of a peer in good detail	✓
<b>Student Mid-Unit Review</b>	What grade do you think you are currently working at?	Secure



# Orlando House Updates



I would like to congratulate Orlando House for their continued hard work, commitment and enthusiasm. So many of our students continue to go above and beyond to represent our house in an array of academic and extra-curricular activities. Some of the highlights of the first term have been:

- Thousands of positive House Points collated by our students across all year groups
- Positive relationships being built within tutor groups
- Continued fundraising activities in support of our house charity WISHH



I would also like to congratulate all the students and staff in Orlando house who contributed and spent money at our Christmas Fayre on Wednesday 4<sup>th</sup> December. This was a fantastic whole school event that has raised money for out 4 house charities. Special shout outs for outstanding effort go to:

- Quinn B 703 for his brilliant knitted items.

Well done Team Orlando.

Mr Adams

Head of Orlando House



# Portia House Updates



As the winter term draws to a close, I would like to thank all the students in Portia house for their hard work and determination in lessons and their commitment to our wider school enrichment through attending clubs. When students go above and beyond the expectations of day-to-day school life, or they consistently keep getting the basics right, they receive house points which not only accrue to the house total, but students can also pick up some milestone prizes along the way.



In my last update, Portia were 2 in the running for the House Cup but now we are in 1 place with 132,702 house points which is testament to everyone's resilience and determination to be the best version of themselves. Outstanding work Portia House! Congratulations to 7P1 who continue to have the highest total per tutor group with 14,147 house points. Just a reminder that if any members of Portia House have any successes or achievements accomplished outside of school time, then please let your tutors know so they can pass them on to me for a special mention, additional rewards and house points in our termly Celebration Assembly.

We hosted our first House Collaborative Christmas Fayre which was a tremendous success. All the students and staff involved should be incredibly proud of themselves for their commitment and creativity in making crafts, baking sweet goods, donating items for tombola or creating games to play. Two Year 11 students also sang which added an extra sparkle to the event. We raised £1067.85 shared between the 4 house charities and endeavour to develop the event next year to be even more spectacular. Thank you to everyone who came to support and contribute to the event, creating a day of community spirit.

I have continued to meet with our team captains to plan and organise charity events for the year. Unfortunately, Portia House must postpone our event in January due to an injury I sustained but plans are continuing and a new date will be published very soon. Thank you to those students who have already volunteered to support the charity day. More details to follow.

I would like to end with reiterating how incredibly proud I am of all the students in Portia House in how they are continuously demonstrating our school values and in how they are striving to demonstrate the best versions of themselves. Go Portia!

Mrs Foster  
Head of Portia House



# Cassio House Updates



As we reach the end of the Autumn term, I am pleased to share the latest updates and highlights from our school community. This edition of our newsletter brings you a glimpse of the exciting events, achievements, and creative endeavours that have made this half-term truly memorable.

The team is showing their focus and determination to maintain their lead as the competition progresses by adding a further 30,000 House points within this half-term.



Students in the Spotlight leading the way for House points for each year group:

Byren P (7C3) with 802 points, Josh P (7C3) with 642 points, and Obi-Kade Marson (7C3) with 614 points.

These students are setting the pace in their respective year groups and contributing significantly to their House's success.

I am delighted to share that this year's Christmas Fayre was an overwhelming success, bringing together the community in a celebration of festive cheer and local spirit. The event exceeded expectations, with many students and visitors flocking to enjoy the magical atmosphere and a wide range of activities. This year's Christmas Fayre featured a stunning collection of handmade crafts, including crocheted decorations/accessories and Christmas Cards and Calendars, created with care and creativity by our talented students. Their works added a personal, heartfelt touch to the event, and visitors were delighted by the variety of festive items on display. The total amount raised was staggering and will be making a considerable donation to each of the House Charities respectively. Cassio's House Charity this year is 'Roux's Army'. The amount will be shared with students in the upcoming House assembly ...

Mr Griffiths

Head of Cassio House





# Ariel House Updates



Ariel house have worked tirelessly throughout the school term. Students have been working hard on collecting many house points and already started lots of fundraising for our house charity, Humber Rescue.



Many of our Ariel students have gone the extra mile, joining after school clubs, partaking in extra-curricular trips and events and working hard with lots of rewards earned! The first set of house point rewards have gone out, keep up the hard work to reach your next milestone! Well done to all!

Ariel House did an absolutely amazing job at the Hessle High School Christmas Fayre! All students got involved with tutor activities/games/crafts to sell at the fayre. Some students even went the extra mile and made their own crafts and bakes at home. Fantastic effort by all!

I want to thank all students, parents and staff who managed to get involved with this event and we really appreciate your support towards our house charity.

Looking into the new term, we will be focussing on our charity day and more activities for students to be involved with.

Miss Deveney

Head of Ariel House



# House Points



**132702 131781 123702 118032**

## Extra Curricular clubs

Please see our **Extra Curricular clubs** available;

Club	Year Group	Club	Year Group
Badminton	Year 7 to 10	Choir	Year 7 to 11
Art Club	Year 7 and 8	Grease Dance Rehearsals	Year 7 to 11
Rugby	Year 7 to 11	School Production Rehearsals	Year 7 to 11
Netball	Year 7 to 11		
Fitness/Gym	Year 7 to 10		
Boys Football	Year 7 to 11		
Tigers Trust Girls Football	Year 7 to 11		
Cheerleading	Year 7 to 11		
Bridgehead Project	Year 7 to 10		
Scalextric/ Electronics & Greenpower	Year 7 to 10		
Open Music Rehearsal	Year 7 to 11		

# Key Dates and Notices

**Year 7 Progress Evening**

Thursday 6 February 2025

**School Closes for Half Term**

Friday 14 February 2025

Please click [here](#) to see all of our term dates

If you want to see more of your child online/in our newsletters, please make sure you consent on the Arbor parent portal. To learn more click [here](#).

During the week commencing 3 February, we will be trialling a potential new lunch format. To learn more click [here](#).



**“Everyone can achieve  
the extraordinary”**